

We extend our welcome to all those attending our public surgeries for advice on these or other issues. For more information please visit www.met.police.uk/crimeprevention.co.uk

Coronavirus remains a serious health risk. You should stay cautious to help protect yourself and others.



Dear Ward Member
Please have a read of what the team have been doing.



The Eastcote team have focused on increasing their community engagements to interact with the community more. Recently the team attended a vintage car show at Eastcote House Gardens. While the team were present at the vintage car show they handed out crime prevention leaflets to members of the public. The team have also been working with Cavendish ward and have carried out street briefings and drop in surgeries to address issues raised in relation to E-scooters and catalytic converter thefts. The team are aware that theft from motor vehicle crimes are taking place, especially catalytic converter thefts. The team are therefore carrying out high visibility patrols in motor vehicle crime hot spots. The team are using police pedal cycles on the ward so that they are more mobile and able to patrol a larger area of the ward during their shift. The team have been patrolling Pembroke Park estate after intelligence was received in relation to youths causing anti-social behaviour issues on motor bikes without helmets. The youths were stopped, spoken to and advised accordingly. The team have also been patrolling Warrender Park, Coleridge Drive, Kings Collage playing fields, Highgrove pool to deal with anti-social behaviour issues. The team continue to maintain a focus on Burglary crime especially in the run up to Christmas.



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Protect Yourself From Street Robbery

Be Prepared

Plan your route in advance. Carry a charged mobile phone and some cash, and tell someone where you're going.



Be Assertive

From the moment you step out onto the street in the morning, look assertive and act and walk with confidence. This will always make you appear in control and much less vulnerable.

Be Aware

Using a mobile phone, whether making a call or texting, wearing a hood or listening to loud music, all affect your awareness of your surroundings.



Hide It

Keep your valuables including your mobile phone, other devices and jewellery, hidden. Remember, out of sight, out of mind.



Go Against The Flow

When walking on the pavement, always face oncoming traffic, as it will make it far more difficult for thieves on two wheelers to ride up from behind and snatch your property. But still also be aware of anyone approaching from ahead of you.



Trust Your Instincts

Try to avoid walking alone at night in places such as parks and side streets or any unfamiliar environment. If you do have to walk, stick to busy places where there is a lot of activity CCTV and good lighting.

Residents can contact us using any of the following methods

Email : Eastcote.Ruislip.snt@met.pnn.police.uk
Twitter : @MPSEastcoteXH for regular updates.
Telephone: 02082461823

Postal Address
Eastcote & East Ruislip Safer Neighbourhood Team
Hillingdon Borough Police
Ruislip Police Station
The Oaks, Ruislip
HA4 7LE



COVID-19 Advice:-

Please follow the right advice and Stay Safe!

If you DO have Symptoms – Get a PCR Test & Stay at home.

If you have NO Symptoms – Get regular rapid lateral flow tests & report rapid lateral flow test results.

What you need to do:- <https://www.gov.uk/coronavirus>

What to do if you have Coronavirus symptoms:- <https://www.nhs.uk/conditions/coronavirus-covid-19>