

We extend our welcome to all those attending our public surgeries for advice on these or other issues. For more information please visit www.met.police.uk/crimeprevention.co.uk



Dear Ward Member

Please have a read of what the team have been doing.

INT WOMEN'S DAY

#ChooseToChallenge
#IWD2021 Celebrate Women's Achievement!
Take Action For Equality!



Prevent Catalytic Converter Theft!

Use a 'Cage Clamp' that locks in around the converter to make it difficult to remove. Use a car 'Tilt Sensor' alarm



Eastcote team have been carrying out high visibility patrols in crime and anti-social behaviour hot spots. The team have tried their best to increase police presence on the ward. The team have continued to carry out COVID patrols to ensure that COVID measures are being observed. With the relaxation of COVID restrictions the team expect the ward to get busier with people coming out and about. The team have a plan in place and will be doing their best to deter crime and anti-social behaviour as best they can. The team have been made aware of dog thefts and the team have raised awareness in relation to this via social media and outlined what precautions dog owners should take to ensure the safety of their dogs. On the 8th March 2021, the team raised awareness in relation to International women's day via social media. International Women's day is celebrated globally annually to commemorate the cultural, political, and socioeconomic achievements of women. This is a focal point in the women's rights movement, bringing attention to issues such as gender equality, reproductive rights and violence against women. The team have carried out weapon sweeps on the ward at numerous locations. The team are carrying out weapon sweeps to detect any weapons or articles adapted for use as weapons on the ward. Weapons and articles adapted for use as weapons can be easily discarded or concealed in open spaces. So far, the team have not come across any weapons which is good. Whilst talking about weapons, if you have any unwanted knives or wish to throw them away, please safely deposit them in the knife bin located in the rear car park of Aldi. The team would like to thank you all for your continued support and wish you a very happy Easter!

CRIMESTOPPERS
0800 555 111
Call anonymously with information about crime



Follow Us On Twitter
@MPSEastcoteXH

OWL
Online Watch Link
owl.co.uk/met





COVID UPDATE!

Coronavirus restrictions remain in place across the country. In England:

- Only socialise indoors with people you live with or who are in your support bubble
- Up to 6 people or 2 households can meet outside
- Work from home if you can and only travel when necessary
- If you have symptoms get a test and stay at home



If you have no symptoms:

Check if you should get [regular rapid lateral flow tests](#).

If you have coronavirus symptoms:

- [get a PCR test](#)
- stay at home

There are different tests you can get to check if you have coronavirus.

The 2 most commonly used are:

- PCR tests (mainly for people with symptoms)
- rapid lateral flow tests (only for people with no symptoms)

Both are free. You need to work out which test to get.

[Get a PCR test](#) as soon as possible if you have any of these symptoms:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

**For more information and advice please visit:-
www.gov.uk/coronavirus**

Residents can contact us using any of the following methods

Email : Eastcote.Ruislip.snt@met.pnn.police.uk
Twitter : @MPSEastcoteXH for regular updates.
Telephone: 02082461823

Postal Address

Eastcote & East Ruislip Safer Neighbourhood Team
Hillingdon Borough Police
Ruislip Police Station
The Oaks, Ruislip
HA4 7LE



Upcoming Meetings

Due to the unprecedented times we are currently in with Coronavirus a decision has been made to cancel all our advertised crime prevention stalls, and contact sessions. This decision has been made with the safety of all in mind, and to follow in line with the Government guidance on social interaction. That said we will still be on the streets, and will continue to Police your community to the best of our ability. Please follow the right advice and Stay Safe!

What you need to do:- <https://www.gov.uk/coronavirus>

What to do if you have Coronavirus symptoms:- <https://www.nhs.uk/conditions/coronavirus-covid-19/>