



We extend our welcome to all those attending our public surgeries for advice on these or other issues. For more information please visit [www.met.police.uk/crimeprevention.co.uk](http://www.met.police.uk/crimeprevention.co.uk)

**STAY HOME**

**PROTECT THE NHS**

**SAVE LIVES**

## Dear Ward Member

Please have a read of what the team have been doing.

**#LOOK  
CLOSER  
DON'T WAIT.  
REPORT IT**

Help us protect children  
and young people from  
all forms of exploitation



**BE SAFE**



This month, the Eastcote team participated in raising awareness in relation to specific topics relevant for the time of year. In February, the team raised awareness in relation to 'The International Day of Zero Tolerance For Female Genital Mutilation (FGM), which took place on 6th February 2021. In 2021 alone, 4.16 million girls around the world are at risk of undergoing FGM! #Act2EndFGM. The team worked in joint partnership with Hillingdon Council, residents, local businesses, British Transport Police, National Police Chiefs' council and Children's society to help raise

awareness around child abuse and exploitation. Despite the COVID lockdown and social distancing measures being in place, young people are still being groomed, exploited and abused. This is a very important campaign, and the team did their best to make sure that awareness about this campaign was raised by visiting prominent venues where young people frequent, using social media, getting campaign posters put up in relevant places and using online watch link (OWL) to raise awareness amongst residents and third-party agencies. If something does not feel right, it might not be. Learn to spot the early signs of exploitation

and how to report it by visiting the children's society website, #LookCloser. The team have been carrying out pro-active targeted patrols and raising awareness about knife crime. The team also took part in a Met Police recruitment Q&A session where new potential recruits could ask questions and understand policing processes. The team have continued to patrol and ensure COVID measures are being observed on the ward.

**KNIVES  
RUIN  
LIVES**



Follow Us On Twitter  
@MPSEastcoteXH



**OWL**  
Online Watch Link  
[owl.co.uk/met](http://owl.co.uk/met)



**METROPOLITAN  
POLICE**

**SAFER  
NEIGHBOURHOODS**  
LOCAL POLICE, LOCAL KNOWLEDGE



**CRIME STOPPERS**  
**0800 555 111**  
Call anonymously with information about crime

**NEW  
SCOTLAND  
YARD**



## Crime Prevention Advice!

Look up.  
Look out.

Help protect yourself from street robbery on your way home.

Be aware of your surroundings and your valuables.



**Look Confident:-** You are less likely to be targeted if you look confident. Move with purpose and try to be aware of your surroundings.

**Know Where You Are Going:-** Plan your route and think about what to take with you, especially if you're going somewhere you haven't been before. Keep to busy, well-lit streets, walkways and paths which are more likely to be covered by CCTV. Only take licensed taxis or minicabs booked by phone or a mobile phone app.

**Hide It:-** Keep your mobile phone and valuables out of sight. If you're using your phone it's more likely to be snatched from your hand as you're not paying attention to your surroundings, so look around you.

It's a good idea to scan the area around ATMs before you use them. Be aware of anyone standing close by and always check the machine to see if it's been tampered with before you use it. Things to look out for are devices attached to the machine – some are more obvious than others. If you do see something suspicious contact the police and the bank. Remember, if it doesn't look or feel right then steer clear and, if possible, go inside the bank where it will be safer. And always keep a regular check on your transactions. Thieves will watch as you key in your PIN or distract you while you're withdrawing cash. Be vigilant. Cover your PIN and keep an eye on your card at all times. Stay Alert.

## THIEVES TARGET CASH POINTS

Be aware of your surroundings. If someone is crowding or watching you, cancel the transaction and go to another machine.



## LET'S WORK TOGETHER!

Help stop the spread of COVID by staying informed and following the guidelines! Let's turn the tide and beat this deadly virus!



Residents can contact us using any of the following methods

**Email** : Eastcote.Ruislip.snt@met.pnn.police.uk  
**Twitter** : @MPSEastcoteXH for regular updates.  
**Telephone**: 02082461823

### Postal Address

Eastcote & East Ruislip Safer Neighbourhood Team  
Hillingdon Borough Police  
Ruislip Police Station  
The Oaks, Ruislip  
HA4 7LE

### Upcoming Meetings

Due to the unprecedented times we are currently in with Coronavirus a decision has been made to cancel all our advertised crime prevention stalls, and contact sessions. This decision has been made with the safety of all in mind, and to follow in line with the Government guidance on social interaction. That said we will still be on the streets, and will continue to Police your community to the best of our ability. Please follow the right advice and Stay Safe!

What you need to do:- <https://www.gov.uk/coronavirus>

What to do if you have Coronavirus symptoms:- <https://www.nhs.uk/conditions/coronavirus-covid-19/>

The national lockdown is still in place and the advice currently is to Stay Home, Protect the NHS & Save Lives. COVID is spreading fast, therefore do not leave your home unless it is necessary. 1 in 3 people who have the virus have no symptoms, so you could be spreading it without knowing it. It is essential that you keep yourself informed with the latest updates. You can keep yourself informed with all the latest updates by visiting the GOV website and going to the Coronavirus page. Remember the symptoms of COVID are a high temperature, a new continuous cough and a loss of, or change to your sense of smell or taste.

