



If you provide care for a family member or friend who could not cope without your support, join us at

# The Carers' Forum online

## Thursday 18 March

### 10am to 12.30pm



The Carers' Forum is an opportunity to find out about, and influence, the services the council and its partners provide to support carers in Hillingdon to keep caring.

- Full joining instructions will be forwarded once registered
- Telephone access is also available once registered
- If you have a smart phone, tablet or pc and would like to get online and don't know how, technical support is available on: 01895 811206



Contact:

@ customerengagement@hillington.gov.uk

📞 01895 277038 *(Message service only - please leave your name and contact number)*

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